

Howell Central Spartans

Cross Country Camp

June 17th - 20th

6:00p - 7:45p

Grades 6-12

Cost: \$40

(t-shirt)

Monday @ Howell Central

Tuesday @ Fiber Park

Wednesday @ Veterans

Tribute Park

(XC Strength and Conditioning Presentation)

Thursday @ Legacy Park (pizza)

Directions to parks on back



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Name: _____ **Phone:** _____

Parents E-mail: _____

T-shirt size: _____

Call Michelle Breuer @ 314.749.3530 if there are any questions!

Mail to: 1171 Shorewinds Trail, St. Charles, MO 63303

Make checks payable to "FHC" or you may register online at:

www.fhcsummercamps.com

REFUND POLICY - NO REFUNDS AFTER JUNE 17TH

Directions to:

Fiber Park (this was the original name, not sure of the official name) - this park is off Mexico Rd. very close to the Rec-plex. It is actually right next to Tom Mansfield's nursery. There is a big playground behind the parking lot.

Veterans Tribute Park - 1031 Kisker Rd, 63304

Legacy Park - In Cottleville...off Hwy N behind City Hall.